

ISR BOATING SAFETY ACTIVITY BOOKLET



INUVIALUIT
REGIONAL CORPORATION



DRAW AND COLOUR YOURSELF IN THE LIFE JACKET!



Name: _____

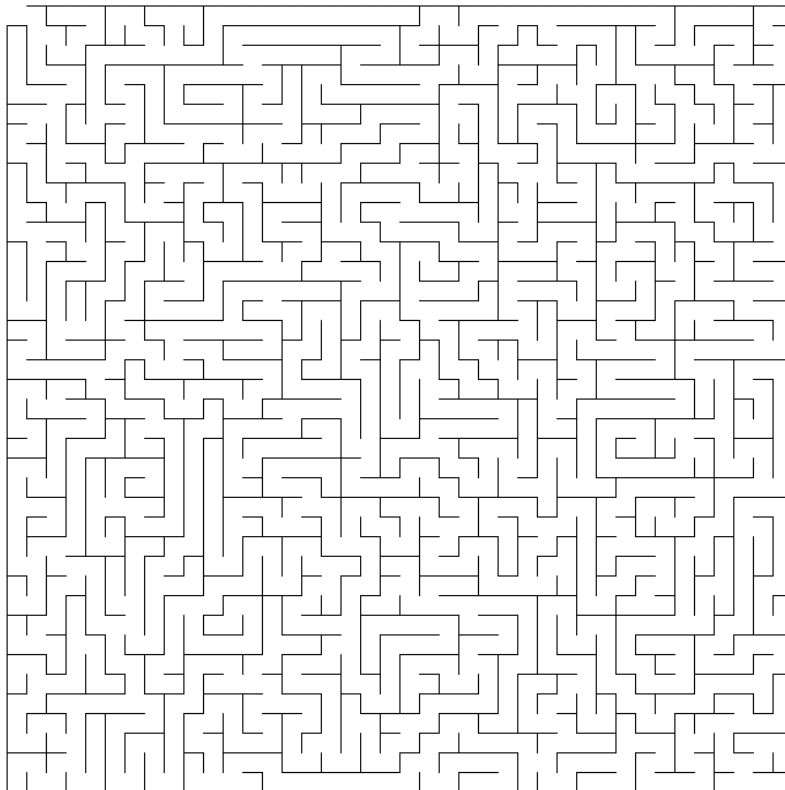
BOATING CHECKLIST

- | | |
|--|---|
| <input type="checkbox"/> LIFE JACKET  | <input type="checkbox"/> FLASHLIGHTS  |
| <input type="checkbox"/> LIFE BUOY  | <input type="checkbox"/> A SOUND SIGNALING DEVICE  |
| <input type="checkbox"/> BAILER OR BUCKET  | <input type="checkbox"/> FIRST AID KIT  |
| <input type="checkbox"/> 15M BUOYANT ROPE  | <input type="checkbox"/> DRY BAG  |
| <input type="checkbox"/> REBOARDING DEVICE (ROPE LADDER, ETC.)  | <input type="checkbox"/> EXTRA FOOD AND WATER  |
| <input type="checkbox"/> ANCHOR  | <input type="checkbox"/> TOOL KIT  |
| <input type="checkbox"/> FIRE EXTINGUISHER  | <input type="checkbox"/> WARM CLOTHES  |
| <input type="checkbox"/> COMMUNICATION DEVICES (RADIO, IN REACH, CELL PHONE)  | <input type="checkbox"/> SLEEPING GEAR  |
| <input type="checkbox"/> AXE  | <input type="checkbox"/> TENT  |
| <input type="checkbox"/> MAP/CHART/GPS  | <input type="checkbox"/> BEAR SPRAY  |
| <input type="checkbox"/> EXTRA GAS  | <input type="checkbox"/> BUG SPRAY  |
| <input type="checkbox"/> EXTRA OARS/PADDLES  | <input type="checkbox"/> SUNGLASSES  |
| <input type="checkbox"/> BOAT PLUGS  | <input type="checkbox"/> SUNSCREEN  |
| <input type="checkbox"/> REFLECTOR/MIRROR  | <input type="checkbox"/> TEA POT  |
| <input type="checkbox"/> KNIFE/POCKET KNIFE  | <input type="checkbox"/> STOVE AND FUEL  |

It is also very important to check the weather before boating so you can plan accordingly!

BOATING SAFETY EQUIPMENT MAZE

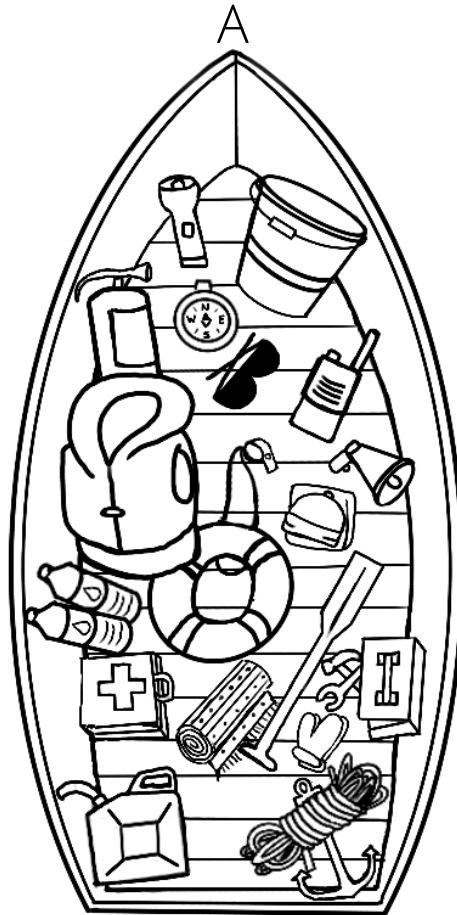
Bring all of your safety equipment to the boat.



Be Prepared! Remember to make sure that you have all of the safety equipment before you go boating!

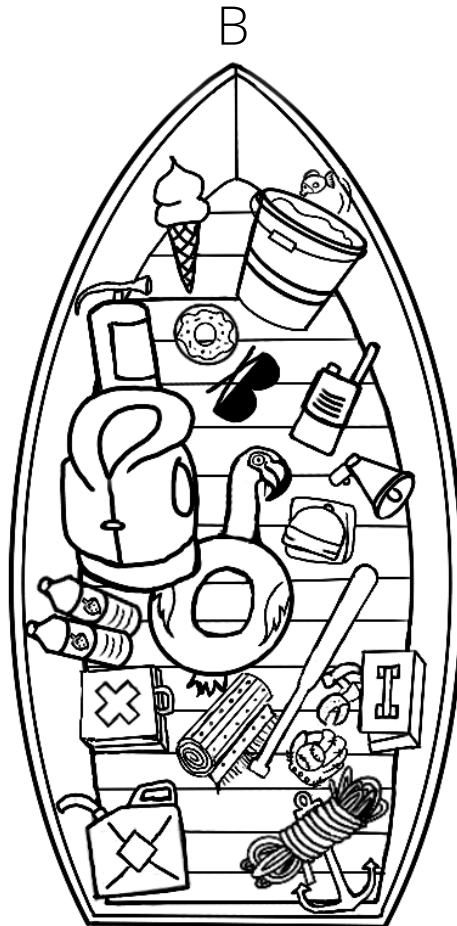
CAN YOU SPOT THE DIFFERENCE?

There are 10 differences between these two images.
Can you find them all?



While both of these images have a good amount of the safety equipment...

CAN YOU SPOT THE DIFFERENCE?



Which of these do you think would be safer to go boating with?

A or B?



BOATING SAFETY WORD SEARCH



Find all of the words in the list down below!

V D C B X Y N A V I G A T I O N V Z C S
W E O P K L M S V T X H P R E P A R E O
O T M L R P H Q F A Q I J A M C W R N D
E D M N I E Y Y H X I I N S G M C E L F
K D U F L C V K P S M U O B C S I S J O
U K N U Q C R E N O C E H D J U O U L H
P M I R R O R W N H T P D M I A D P I Z
Z L C M S R O D H T D H R R R Q V P F O
B O A T E P Z S W I M C E A Y Z F L E E
P G T V L O H Q K G S W G R C N F Y J M
M U I N P T D U U U K T J P M T R X A E
L R O I O H D A M C I F L W C I I Q C R
Q A N L A D D E R Y R S R E S M A C K G
H D K F Y X S Q O F A R L I R V Y X E E
C I W E S C J Y X L N D A O C E A N T N
Z O A D Q J G T X O D J F B P U N P D C
Y F R E S C U E K A F R T T V G T P E Y
H S A F M V T S P T E C G A H R Q L X R
G Q S H U F B D V P W L Z Z D A A Q D M
L Y G B V Y C W X S F W Y C O H I T G I

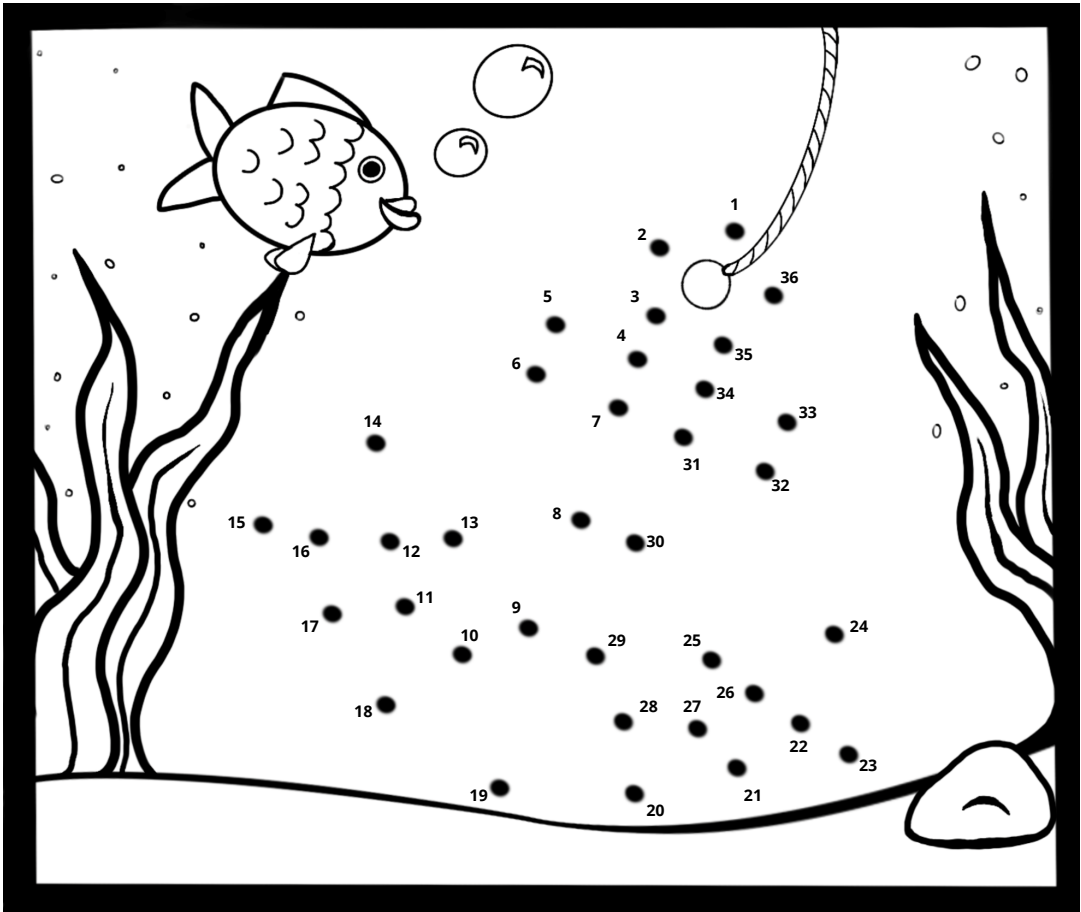
BOAT
FLOAT
LAKE
NAVIGATION
PERFORM
PREVENT
RESUPPLY
WHISTLE

COMMUNICATION
HYPOTHERMIA
LIFEJACKET
OCEAN
PRACTICE
RADIO
RIVER

EMERGENCY
LADDER
MIRROR
PADDLE
PREPARE
RESCUE
SWIM

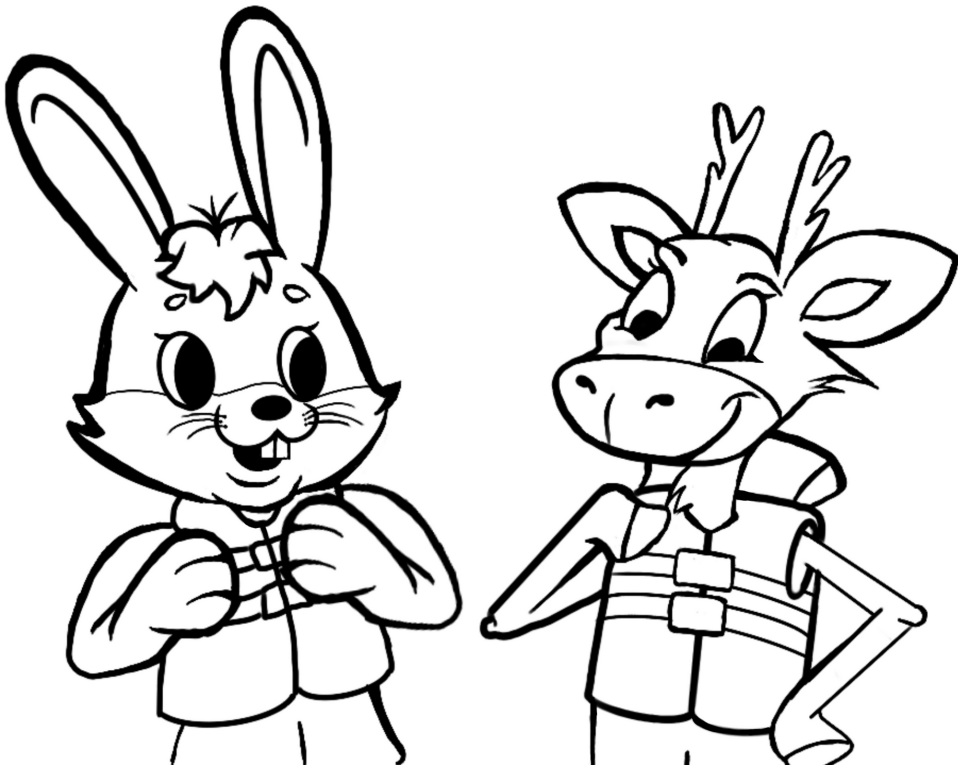
CONNECT THE DOTS

Connect the dots and fill in the blank.



An _____ is a device usually made of metal that is used to secure a vessel while in a body of water.

ALWAYS WEAR YOUR LIFE JACKET!



Cool kids always wear their life jackets!



IT IS IMPORTANT...



1. To make sure that your life jacket fits properly! It should fit tight, but comfortable, and it should not ride up above your ears.
2. That you wear your life jacket at all times while on board.
3. That *everyone* on board is wearing a life jacket.

A life jacket will keep your head above water and can **Prevent** you from drowning if you accidentally fall out of the boat and get tired from swimming.

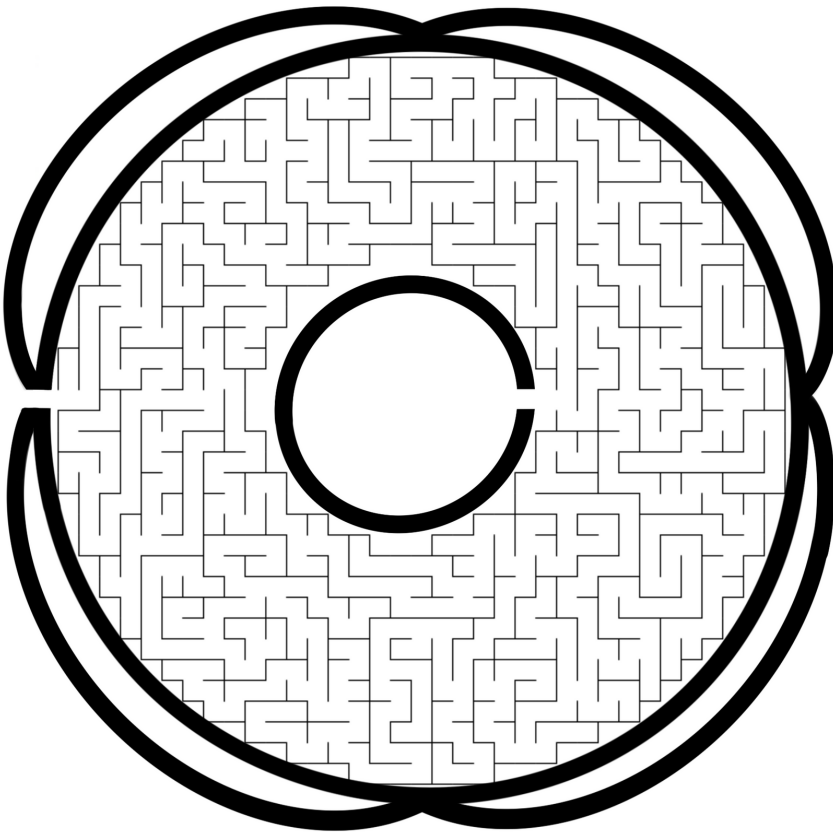
A life jacket will also keep you a little more warm in the cold water and slow the process of ***hypothermia***.

It can't work if you don't wear it!

Hypothermia is a medical emergency that happens when a person's body temperature drops below normal (37°C).

LIFE PRESERVER MAZE

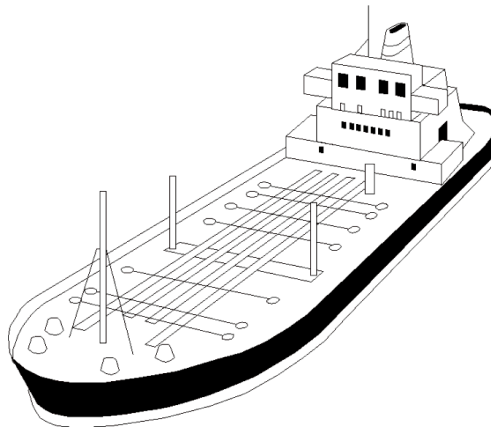
Find your way the the center of the life buoy.



A life preserver is a device that can be used to keep someone floating if they fall in the water.

BOATING TIPS

- Make a plan!
- Talk to an elder or adult who knows the area well.
- Always go with an adult.
- Check the weather before you leave.
- If you come across any large vessel , such as a resupply ship while on the water you should give them as much space as you can and stay cautious.
- If you fall into the water try your best to stay calm and control your breath.

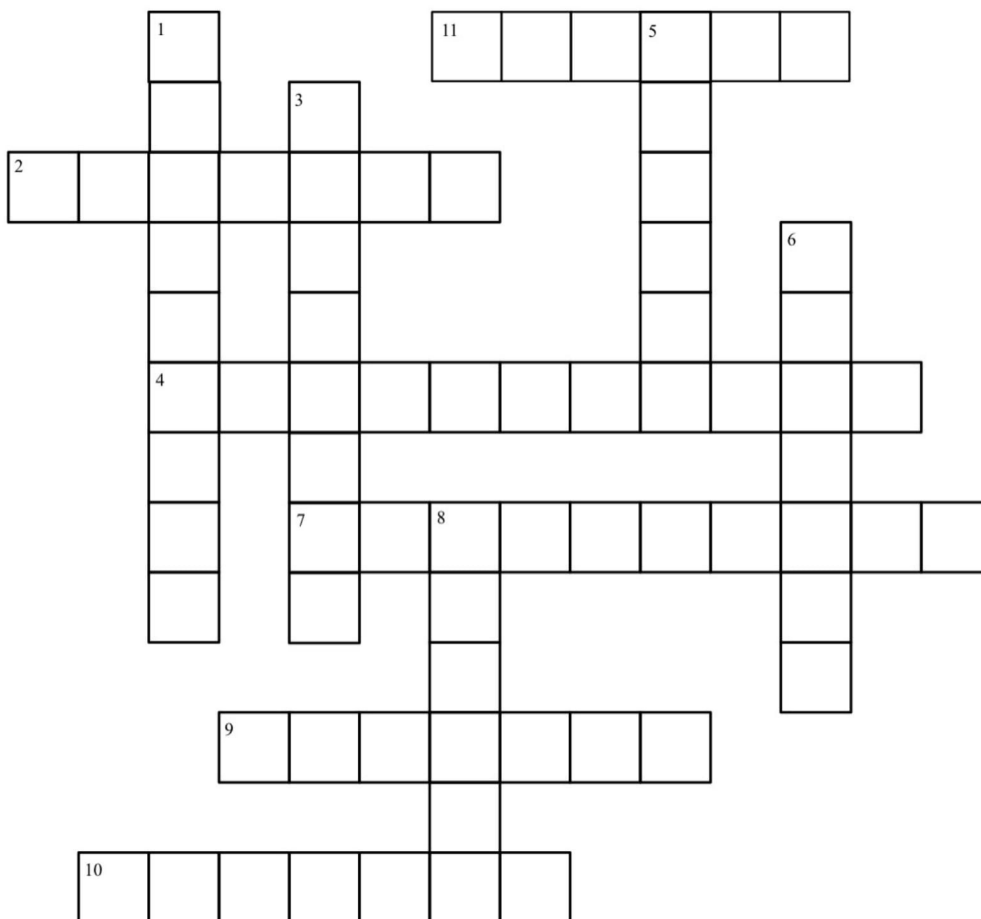


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Resupply is the annual barge which delivers important dry goods and bulk fuel to our communities.

BOATING SAFETY CROSSWORD

Complete the crossword puzzle below by using the clues on the following page.



BOATING SAFETY CROSSWORD CLUES

Hint: most answers can be found throughout the activity booklet.

Across

2. Life jackets can _____ you from drowning.
4. A medical emergency that happens when a person's body temperature drops below normal (37°C).
7. Wearing a properly fitted _____ is very important.
9. Do not drink while _____.
10. A signaling device or looking glass.
11. A device used to manually remove water from a boat.

Down

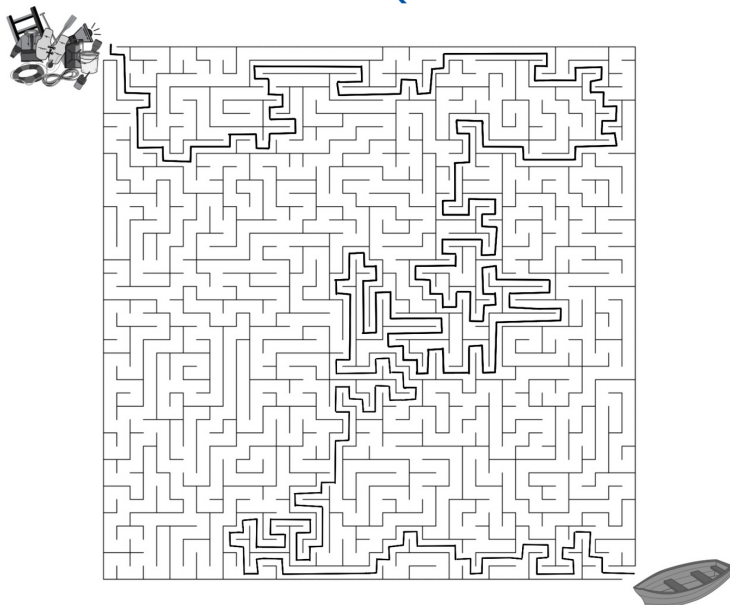
1. In the first minute of cold-water immersion it is important to control your _____ and try to stay calm.
3. If you come across a _____ ship or any other large vessel while on the water you should give them as much space as you can and stay cautious.
5. A rope _____ is simple to make and to use as a reboarding device.
6. If you fall overboard it is important to get out of the water as _____ and as much as possible.
8. Even if the air may feel colder, you lose heat 25X _____ in the water.



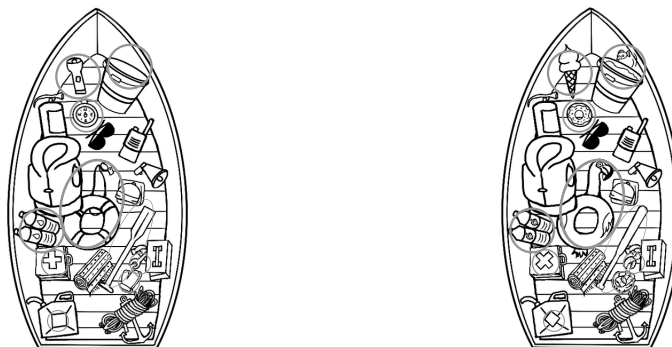
BOAT SAFELY!

Answer Key

BOATING SAFETY EQUIPMENT MAZE



CAN YOU SPOT THE DIFFERENCE?

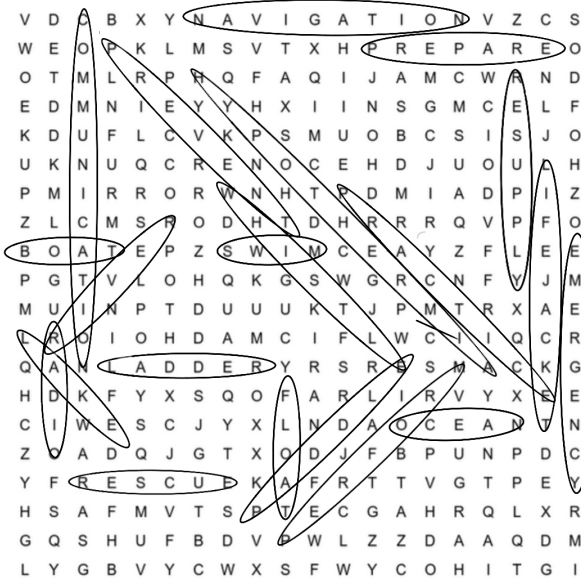


Which of these do you think would be safer to go boating with?

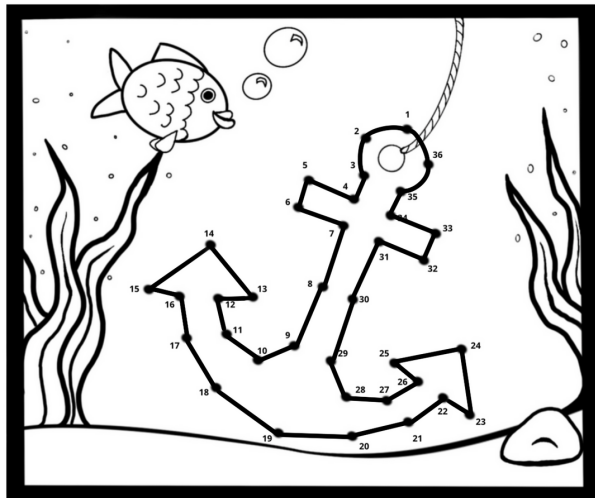
Ⓐ or B



BOATING SAFETY WORD SEARCH

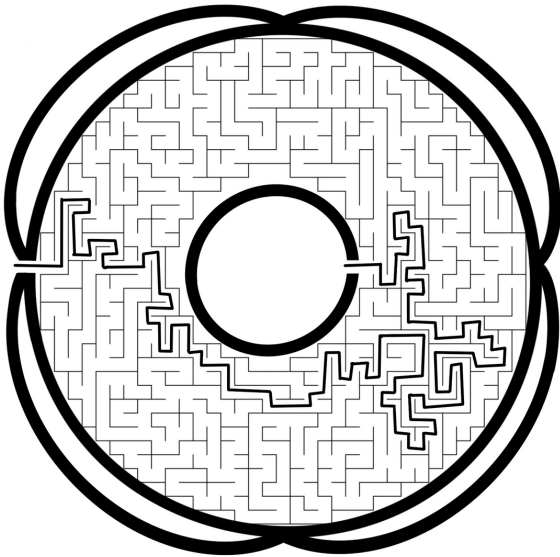


CONNECT THE DOTS

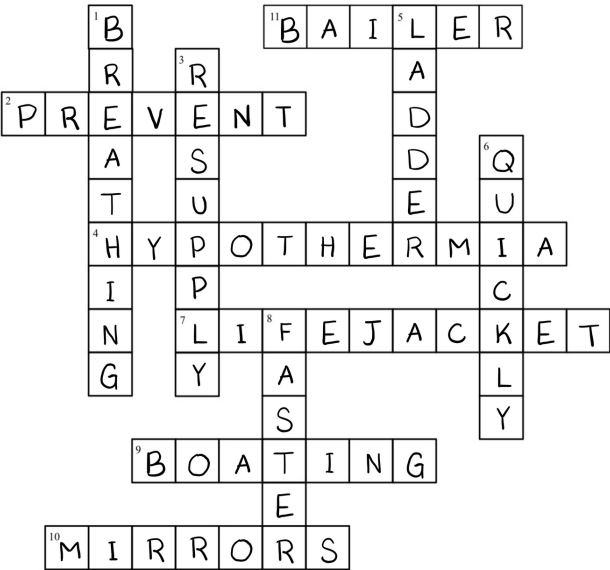


An **Anchor** is a device usually made of metal that is used to secure a vessel while in a body of water.

LIFE PRESERVER MAZE



BOATING SAFETY CROSSWORD



Acknowledgements

Special thanks to Transport Canada for supporting this project through the Boating Safety Contribution Program and to IRC's Innovation, Science, and Climate Change division for creating the ISR Boating Safety Activity Booklet.



Scan this code to get a travel plan template!