

Watermelon and Raspberry Fruit Salad

You'll Need: A knife, a cutting board, a large spoon, a large bowl

Preparation Time: One hour and ten minutes

Ingredients	Amount for four
Watermelon, cut in 1 inch cubes	4 cups
Raspberries	1 pint
Lemon juice	From one whole lemon
White Sugar	¼ cup

Method:

Step 1: Place watermelon in a large bowl, and add raspberries, lemon juice, and sugar; toss to combine. Let stand at least 30 minutes, tossing occasionally, until all sugar is dissolved. Serve chilled or at room temperature.

Nutrition Facts:

Calories: 125 kcals

Fat: 0

Sodium: 0

Carbohydrates: 30g

Fiber: 4.0 g

Protein: 2.0g