

## Aulaqatigiikta, Ilumun Ikayuqatigiikluta

## **Moving Forward, Healing Together**

ASIST: Applied Suicide Intervention Skills Training

Learn how to recognize when someone may be thinking about suicide, and how to provide a skilled intervention and develop a safety plan with the person to connect them to further support. This workshop will increase your willingness, confidence and capacity to provide suicide first aid.

## Notes:

- Honorarium will be paid to participants who are not IRC employees or being paid by another employer to attend the training.
- Participants must attend both days of training.
- Space is limited to 20 people. Priority will be given to beneficiaries of the Inuvialuit Final Agreement.
- Meals are provided.

Applicant Surname:	Applicant Given Name:
Date of Birth: D/M/Y	Inuvialuit File Number:
Email:	Mailing address:
Allergies:	
	Telephone:
Ideas for Self-Care	
Applicant Signature:	Date://

Send your completed form or request more information by contacting Cheryl Rogers crogers@inuvialuit.com.